

18 ... Yes, and I will rejoice, 19 for I know that through your prayers and the help of the Spirit of Jesus Christ this will turn out for my deliverance, ²⁰ as it is my eager expectation and hope that I will not be at all ashamed, but that with full courage now as always Christ will be honored in my body, whether by life or by death. 21 For to me to live is Christ, and to die is gain. 22 If I am to live in the flesh, that means fruitful labor for me. Yet which I shall choose I cannot tell. 23 I am hard pressed between the two. My desire is to depart and be with Christ, for that is far better. 24 But to remain in the flesh is more necessary on your account. ²⁵ Convinced of this, I know that I will remain and continue with you all, for your progress and joy in the faith, ²⁶ so that in me you may have ample cause to glory in Christ Jesus, because of my coming to you again.

²⁷ Only let your manner of life be worthy of the gospel of Christ, so that whether I come and see you or am absent, I may hear of you that you are standing firm in one spirit, with one mind striving side by side for the faith of the gospel, ²⁸ and not frightened in anything by your opponents. This is a clear sign to them of their destruction, but of your salvation, and that from God. ²⁹ For it has been granted to you that for the sake of Christ you should not only believe in him but also suffer for his sake, ³⁰ engaged in the same conflict that you saw I had and now hear that I still have.

Thinking Through the Text:

- 1. How would you describe Paul's frame of mind?
- 2. "Now as always Christ will be honored in my body." What did Paul mean by this?
- 3. "Only let your manner of life be worthy of the gospel of Christ." How can we ever be so worthy?
- 4. Why is Paul so concerned about unity (v. 27)?

There is a Way God Expects Us to Live (v. 21)

1. Living this way brings great joy

(a) we have	the Lord
(Mt 25:21)	
(b) we become	to others
-	others (Gal 6:10)
- an	for others (Phil 2:15)
_	for others (Col 3:23)
(c) Keeps us from s	elf-inflicted
(Heb 11:25)	
(d) Creates	of mind and
- drives out fea	ar and worry

- 2. Living this way brings great gain
 - Why is it very much better to depart and be with the Lord?
 - What do we "gain" there that we don't have here?