

Getting Your Mind Ready



1 Peter 1:13 “Therefore, prepare your minds for action, keep sober in spirit, set your hope completely on the grace to be brought to you at the revelation of Jesus Christ.”

Thinking like Jesus doesn't just happen. It's a choice that we must make. And, in this battle that we are engaged in, Satan often throws things at us to get us side tracked, distracted and earth bound. We can start the day in a wonderful joyful mood, but by the end of the day, we are tired, disgusted, and defeated. Our mood is soured. Our patience is running thin. And, we find our words are short with those we love the most. We look back and we realize we could have done better.

A. The Corinthians had trouble with the battle for the mind (1 Cor 3:1-4)

NAS: _____ (3)

KJV: _____ (3)

Phillips: unspiritual (3)

**Unable to handle solid food
Walking like men
Filled with jealousy and strife
Divisive**



Filled with

1. The natural man does not _____ the things of God (1 Cor 2:14)

- He does not _____ them

- They seem _____ to him

2. The spiritual man has the mind of God (1 Cor 2:16)

- He appraises all things (15)

C _____ everything (CEB)

J _____ all things (ESV)

D _____ (NAS) - Heb 5:14

This means to observe, have insight, consider, see things through a spiritual lens

- Mt 6:26, 28b-29 (Mk 6:52)
- Prov 23:23; Neh 8:13; Isa 41:20

B. There are many, many carnal things that we do in a day. These are not wrong things, but they are not spiritual things either. These things consume the day, take a lot of thought power, and they have the potential to keep our minds earth bound.

1. How do you keep your mind from becoming "unspiritual" throughout the day?

Stonewall Jackson: I have so fixed the habit in my own mind that I never raise a glass of water to my lips without a moment's asking of God's blessing. I never seal a letter without putting a word of prayer under the seal.

- Ere you left your room this morning, did you think to pray?
- When you met with great temptation, did you think to pray?
- When your heart was filled with anger, did you think to pray?

How do we remember to pray?

2. It's not that we don't want to be spiritual, the problem is REMEMBERING to be spiritual.

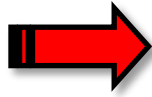
- this is a _____

- this choice shapes the _____ of our voice, which _____ we speak, our _____, our _____

1 Peter 1:13 “Therefore, prepare your minds for action, keep sober in spirit, set your hope completely on the grace to be brought to you at the revelation of Jesus Christ.”

1. Prepare your minds for action
KJV: _____ up your mind
CEB: have your minds

Phillips: brace up your minds
2. Keep sober in spirit
Focused, purposed, directed
3. Set your hope completely on the grace of God
Col 3:2; Rom 8:6



Deut 6:5-9 And you shall love the LORD your God with all your heart and with all your soul and with all your strength. ⁶These words, which I am commanding you today, shall be on your heart. ⁷And you shall repeat them diligently to your sons and speak of them when you sit in your house, when you walk on the road, when you lie down, and when you get up. ⁸You shall also tie them as a sign to your hand, and they shall be as frontlets on your forehead. ⁹You shall also write them on the doorposts of your house and on your gates.



Practical Guidelines

Famed UCLA coach Wooden carried a cross in his pocket

1. Play _____ on the way to work and the way home
2. Keep a Bible _____ on your phone
3. Take a look at our “Quick Quotes” of the day
4. On Monday-Wednesday-Friday listen to our podcasts
5. Read a chapter a day from the Bible
6. Read Jump Starts
7. Connect with someone in our church family every day (phone call, text, email)
8. Learn to _____ your mind (Rom 12:2)
9. _____ at it

1. _____ about spiritual things
2. _____ things out
3. _____ reminders to catch your eye

