

**What is  
the Fruit  
of the  
Spirit?**

# BUILDING BLOCKS

**Walking,  
Living,  
Sowing**

**Part 1**

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law. (Gal 5:22-23)

**What is “the fruit of the Spirit”?** That’s what we’ll explore this month. As a launching-point for our study, let’s stay in *Galatians* and see what we can discover about how the fruit of the Spirit is borne in ordinary lives.



✿ Galatians 5:16 - “But I say, \_\_\_\_\_ **by** the Spirit...”



✿ Galatians 5:18 - “But if you are \_\_\_\_\_ **by** the Spirit...”

✿ Galatians 5:25 - “If we \_\_\_\_\_ **by** the Spirit, let us also **keep** \_\_\_\_\_ **with** the Spirit.”

✿ Galatians 6:8 - “...the one who \_\_\_\_\_ **to** the Spirit will **from the Spirit** \_\_\_\_\_ eternal life.”



The Bible uses a simple idea to teach us such an important lesson: “whatever one **sows**, that will he also **reap**” (Gal 6:7).

## For Class & Family Discussion:

- Let’s open our Bibles to **Galatians 5:16-17**. How does walking “**by the Spirit**” keep us from gratifying “**the desires of the flesh**”?
- In what way are these “**opposed to each other**”?
- What does **Galatians 5:23** mean when it tells us that “**against such things**” as the fruit of the Spirit “**there is no law**”?
- **Galatians 6:7** issues a very straightforward warning: “**Do not be deceived: God is not mocked.**” What does this warning mean, and how does it relate to the fruit of the Spirit?
- Let’s open our Bibles together to **John 15:1-8**. How do these words of Jesus deepen our understanding of the “**fruit**” our Father in heaven is looking for in our lives?
- Did you notice in **Galatians 5:22-23** that these aren’t described as the “**fruits**” of the Spirit, but the “**fruit**”? Is there anything we can learn from that?