

**What is  
the Fruit  
of the  
Spirit?**

# BUILDING BLOCKS

**The Spirit's  
Fruit:  
PEACE**

**Part 4**

In **John 15:5**, Jesus taught this foundational truth:

"I am the \_\_\_\_\_; you are the \_\_\_\_\_.  
Whoever abides in me and I in him, he it is that  
bears much \_\_\_\_\_."

What **sort** of fruit?

The fruit of the Spirit is love, joy, **peace**... (Gal 5:22)

**Philippians 4** gives us great insight into this peace:

Rejoice **in** the Lord always; again I will say, rejoice.  
Let your reasonableness be known to everyone. The  
Lord is at hand; do not be anxious about anything,  
but in everything by prayer and supplication with  
thanksgiving let your requests be made known to  
God. And **the** \_\_\_\_\_ **God**, which  
surpasses all understanding, will  
guard your hearts and your minds  
\_\_\_\_\_ Christ Jesus. (4:4-7)

What is this **PEACE**? Feeling safe and  
calm because \_\_\_\_\_ is in charge.

**Philippians 4** continues...

Finally, brothers, whatever is true, whatever is  
honorable, whatever is just, whatever is pure,  
whatever is lovely, whatever is commendable, if  
there is any excellence, if there is anything worthy of  
praise, think about these things. What you have  
learned and received and heard and seen in me—  
practice these things, and **the** \_\_\_\_\_ **of peace**  
will be \_\_\_\_\_ you. (4:8-9)

When we walk by the Spirit, connected to Jesus (**John  
16:33**), we'll bear the fruit of **peace** because we **know**  
God is in charge.



## For Class & Family Discussion:

- Does this **peace** we're talking about always come **naturally** to us? If not, why not? What might be getting in the way?
- How is this **peace** tied to "reasonableness" (Phil 4:5)?
- How does this **peace** provide the perspective necessary to do what **Philippians 4:6** is calling us to do?
- How does this **peace** "guard" our "hearts" and "minds in Christ Jesus" (Phil 4:7)?
- Can you think of men or women in the Bible who felt safe and calm in difficult circumstances because they **knew** God is in charge?
- How do the things we "think" about impact our peace (Phil 4:8)?
- How does "walking by" the Spirit (Gal 5:16), following the "lead" of the Spirit (Gal 5:18), "keeping in step" with the Spirit (Gal 5:25) and "sowing to" the Spirit (Gal 6:8) produce the fruit of **peace**?