

For I do not want you to be unaware, brothers, that our fathers... ate the same spiritual food... (I Corinthians 10:1-3)

What was this "spiritual food" that the apostle Paul was talking about? Let's go back to Exodus 16 when "the whole congregation of the people of Israel grumbled against Moses and Aaron in the wilderness" (Exodus 16:1-3). What did God say to Moses?

"Behold, I am about to rain ______ from _____ for you, and the people shall go out and gather a day's portion every day, that I may test them, whether they will walk in my law or not." (Exodus 16:4)

Exodus 16:35 tells us that the people of Israel ate this "manna" forty years, till they came to the promised land of Canaan. In Deuteronomy 8:3, Moses reminded them what the LORD was teaching them in the wilderness:

"...that he might make you know that man does not live by bread alone, but man lives by every _____ that comes from the mouth of the LORD."



Many years later, Jesus our King miraculously fed thousands with five barley loaves and two fish (John 6:1-15). The next day, the crowd anxiously looked for Jesus, "not because you saw signs, but because you ate your fill of the loaves" (John 6:26). As Jesus began to teach them to work for "the food that endures to eternal life, which the Son of Man will give to you" (John 6:27), the crowd kept asking for another "sign," even bringing up the example of their fathers eating the manna in the wilderness (John 6:30-31). And what did Jesus say?

« ——————	the bread of life For I have come	from heaven, not to
do mu ou	on will but the will of him who sent me." (John 6:35-38)	

FOUNDATION STONES

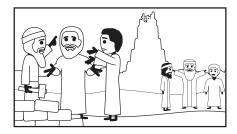
TIMELINE Building Blocks:

It's been a little while since we worked on our **Timeline**

Building Blocks, but they help us remember where we've been in our **Search For the King**. There are **17** time periods from **Creation to Revelation**. Do you remember the first 5?



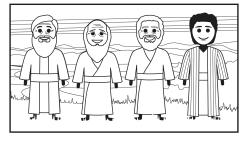




Before the Flood

Flood

Scattering of the People



Patriarchs



Exodus From Egypt

Did you hear what the children of Israel were doing in Exodus 16:2? They "grumbled." What does it mean to "grumble"? Does God care if we "grumble"? Can you find Philippians 2:14-15 in your Bible? What does it teach us about "grumbling"?

Let's read Jesus' words in our Bibles from John 6:47-51. What did Jesus mean when he called himself "the bread of life"?

John 6:35

Jesus said to them, "I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst."

