

Bread From Heaven

For I do not want you to be unaware, brothers, that our fathers... ate the same _____ ... (1 Cor 10:1-3)

What was this "spiritual food" that the apostle Paul is referencing? Let's go back to **Exodus 16** when "the whole congregation of the people of Israel _____ against Moses and Aaron in the wilderness" (16:1-3). The LORD's response to Moses?

"Behold, I am about to rain _____ from heaven for you, and the people shall go out and gather a _____ portion every day, that I may test them, whether they will walk in my law or not." (16:4)

Exodus 16:35 summarizes that the people of Israel ate this " _____ " forty years, till they came to the border of the land of Canaan. In **Deuteronomy 8:3**, Moses reflected on what the LORD was teaching Israel:



"...that he might make you know that man does not live by bread _____, but man lives by every _____ that comes from the mouth of the LORD."

Centuries later, Jesus our King miraculously fed thousands with five barley loaves and two fish (**John 6:1-15**). The next day, the crowd anxiously looked for Jesus, "not because you saw signs, but because you ate your fill of the loaves" (6:26). As Jesus began to teach them to work for "the food that endures to eternal life, which the Son of Man will give to you" (6:27), the crowd persistently asked for another "sign," even bringing up the example of their fathers eating manna in the wilderness (6:30-31). Jesus' response?

" _____ the bread of life... For I have come _____ from heaven, not to do my own will but the will of him who sent me." (6:35-38)



For Class & Family Discussion:

- Why do people "grumble"? What do people today commonly "grumble" about?
- Does God care if we "grumble"? What does **Philippians 2:12-16** have to add to our understanding?
- Why would the children of Israel even say what they said in **Exodus 16:3**?
- Let's think through the LORD's words in **Exodus 16:4-5**. Why did he choose to feed these people this way?
- According to **Exodus 16:16-30**, how did they do with the test?
- Of all the passages of Scripture Jesus could lean on in the face of temptation, why **Deuteronomy 8:3**?
- What did Jesus mean by his instructions in **John 6:27**?
- Let's focus carefully on Jesus' words in **John 6:47-51**. What did he mean? What does he want us to understand? Why do these words still matter?