

Learning to Pray From the Psalms

Wait for the LORD

Lesson 11
June 18

Our last lesson ended with 1 Thessalonians 5:16-18: "Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you." Pray without ceasing. Many, many times in the Psalms we read the encouragement to "wait for the LORD." Consider just a sample...

Indeed, none who wait for you shall be put to shame... (25:3)

Lead me in your truth and teach me,
for you are the God of my salvation;
for you I wait all the day long. (25:5)

May integrity and uprightness preserve me,
for I wait for you. (25:21)

I believe that I shall look upon the goodness of the LORD
in the land of the living!
Wait for the LORD;
be strong, and let your heart take courage;
wait for the LORD! (27:13-14)

Our soul waits for the LORD;
he is our help and our shield. (33:20)

Be still before the LORD and wait patiently for him;
fret not yourself over the one who prospers in his way,
over the man who carries out evil devices! (37:7)

Wait for the LORD and keep his way,
and he will exalt you to inherit the land;
you will look on when the wicked are cut off. (37:34)

"And now, O Lord, for what do I wait?
My hope is in you. (39:7)

I waited patiently for the LORD;
he inclined to me and heard my cry.
He drew me up from the pit of destruction,
out of the miry bog,
and set my feet upon a rock,
making my steps secure.
He put a new song in my mouth,
a song of praise to our God.
Many will see and fear,
and put their trust in the LORD.
Blessed is the man who makes
the LORD his trust... (40:1-4)

For God alone, O my soul, wait in silence,
for my hope is from him. (62:5)

I wait for the LORD, my soul waits,
and in his word I hope;
my soul waits for the Lord
more than watchmen for the morning,
more than watchmen for the morning. (130:5-6)

- What do you think? After hearing so much about prayer from the Psalms, why are there also so many encouragements to “wait for the LORD”?
- Why do we all at times find waiting to be such a hard thing to do?
- Can you think of any examples from the Bible of men or women who had to “wait for the LORD”? What can we learn from their examples?
- What are some practical things we can do that will help us answer this call to wait?
- What truths have we learned this quarter that give us faith to wait?