



Learning From Jesus How to Overcome Temptation

For we do not have a high priest who is unable to _____ with our weaknesses, but one who in every respect has been _____ as we are, yet without sin. (Heb 4:15)

What can we learn from the temptations of Jesus in **Matthew 4**?

- Resisting temptation requires more than saying “_____” _____ time. (Mark 1:12-13; Luke 4:13)
- Jesus saw _____ for what it _____. (Heb 12:2)
 - ▶ _____ God (Matt 4:3)
 - ▶ _____ God (4:6)
 - ▶ _____ God (4:9)
 - ▶ A powerful thing to pray in the face of temptation: “Lord, help me feel _____ what I will feel _____ if I give into this sin.”
- Jesus _____ and _____ the word of God. (Deut 8:3; 6:16, 13)
 - ▶ Comes from a sermon (Deut 5-11) embedded in Moses’ farewell address, all about obedience to God. (5:29, 32-33; 6:1-3, 17, 24-25; 8:2-3)
 - ▶ Consider the parallels:
 - The discipline of a son (Exo 4:22; Deut 8:5; Heb 5:8)
 - In the wilderness, at the end of a 40 timeframe, after a “baptism,” now prepared by testing
 - ▶ We need and will need the _____ of God (Deut 6:4-8; Psa 119:9-16)
- Jesus _____. (Luke 3:21-22; 6:12-13; 9:28-31; 23:46)
 - ▶ “Pray then like this” (1 Thes 5:17; Matt 6:13)
 - ▶ “To start the day without prayer is to suggest the devil is feeble, God is irrelevant, and we can handle things on our own.”
- Jesus had a _____. (Luke 2:49; Matt 4:23; 6:10; John 4:34; 6:38; Luke 22:42)
 - ▶ “What’s my purpose?” (Eccl 12:13-14; 1 Cor 10:31; 10:13)
 - ▶ That can be my purpose because Jesus fulfilled his (Heb 2:14-18; 1 Pet 3:18-22)