

# THE THINGS DISCIPLES DO

## Lesson 3

Wednesday,  
January 21

Our last lesson ended with a focus on two really important things to understand about discipleship:

- ✿ Disciples are being \_\_\_\_\_ to be like their teacher ([Luke 6:40](#))
- ✿ Disciples of Jesus are learning from \_\_\_\_\_ ([John 6:45](#))

With that important foundation in mind, notice what we're told in [Matthew 5:1-2](#):

Seeing the crowds, he went up on the mountain, and when he sat down, his disciples came to him. And he opened his mouth and \_\_\_\_\_ them...

We know that teaching contained throughout [Matthew 5-7](#) as "the sermon on the mount," and it is filled with lessons about discipleship. For instance, in [5:13-16](#):

"You are the \_\_\_\_\_ of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people's feet.

"You are the \_\_\_\_\_ of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give \_\_\_\_\_ to your Father who is in heaven."

**Disciples stand \_\_\_\_\_ in a dark and rotten world.** Why? Because **disciples take \_\_\_\_\_ of heart seriously.** In [5:8](#), Jesus taught, "Blessed are the pure in \_\_\_\_\_, for they shall see God," and he went on to describe a variety of areas where we have to practice that in life:

- ✿ \_\_\_\_\_ ([5:21-26](#))
- ✿ Lust ([5:27-30](#))
- ✿ \_\_\_\_\_ & divorce ([5:31-32](#))
- ✿ Oaths ([5:33-37](#))
- ✿ \_\_\_\_\_ ([5:38-42](#))

Jesus is serious about disciples training to be like him, even when it comes to \_\_\_\_\_ **our enemies** ([5:43-48](#)). And that's just the first chapter of this great sermon! So let's dig in...

## For Class & Family Discussion:

- › The introduction of Jesus' great sermon on the mount is super important. When Jesus first opened his mouth and began to teach his disciples, he started with nine "blessed" statements. We often refer to them as "the beatitudes." Let's take the time to read [Matthew 5:2-12](#). What can we learn about things disciples do from this introduction?
- › If we actually practice those beatitudes, how will they make us stand out from much of the world around us?
- › Our video highlighted from [5:13-16](#) that **disciples stand out in a dark and rotten world**. In your own words, what did Jesus mean when he called his disciples "the salt of the earth" and "the light of the world"?
- › Our video also emphasized that **disciples take purity of heart seriously** ([5:8](#)). Let's think through these areas of life that Jesus addressed. What should we understand from what Jesus said about...
  - Anger ([5:21-26](#))
  - Lust ([5:27-30](#))
  - Marriage & divorce ([5:31-32](#))
  - Oaths ([5:33-37](#))
  - Retaliation ([5:38-42](#))
- › Finally, **disciples love, even their enemies**. Take another careful look at [5:43-48](#). Why do you think this matters so much to God? What might it look like, even this week, to practice what Jesus is describing?
- › In our next lesson, we'll take a careful look at the next chapter in this great sermon, [Matthew 6](#). "Seeing the crowds, he went up on the mountain, and when he sat down, his disciples came to him. And he opened his mouth and taught them..." It would be great to take a look ahead: how does [Matthew 6](#) train us to be more like Jesus?