



More than 3,000 years ago, a woman named Hannah was in a heartbreaking situation (1 Sam 1:1-10a).

- She was one of Elkanah's _____ wives.
- She had no _____.
- She had an irritating _____.
- She was deeply _____.

From all outward appearances, Hannah wasn't a "woman of strength," but we know her name and a little bit of her story because of the way she handled her challenging circumstances.

- She _____ on the Source of true strength (1:10b-12a); Hannah's despair brought her _____ to God (Jon 2:7; Heb 4:14-16; 1 Pet 5:6-9).
- She kept her own strength under _____ and used it in a God-glorifying way (1:12-19a); provoked and falsely accused, Hannah's attitude remained _____ (Prov 15:1; 16:32).
- When her life changed, she didn't _____ the Source of her strength (1:19b-2:11, 18-21); Hannah _____ her vow to God (2 Cor 1:9).

The most valuable thing a person of strength can do? Help others _____ the LORD, the Source of their strength (2:12, 26; 2 Tim 1:3-5).